empowerment and support

to improve the wellbeing and social isolution of vulnerable people





discovering your potential

Initiate a new start...Acquire new skills

Resolve 180

Solution

Resolve 180...discovering your potential

Our aim is to provide a learning and support service to adults encouraging them to achieve their full potential and enhance their employment opportunities.

Resolve 180 offers an informal and supportive environment, that is relaxed, welcoming and focuses on each adults individual needs.

Our adult learning and employment programmes will help adults to develop a range of new skills to improve their qualifications, build self-esteem and self awareness, increasing their employment opportunities.

Community Evolved Learning is an extension of Resolve 180, but it uses a mobile learning vehicle, operating directly in the heart of the community. It delivers a range of programmes and accredited courses making access to learning and employment support more achievable to adults. The benefits of our mobile unit is that adults can not only access training programmes and courses, but also use its facilities to search for jobs, receive support to complete job applications, CV's, and have access to the latest job vacancies through the internet, newspapers and bulletins.

The mobile unit is well equipped with an ICT suite, interactive whiteboard, internet connection and networked laptops for adults to access within their own community.

All our programmes, workshops and accredited courses are delivered directly within the adults own community by qualified and experienced trainers/staff.

Our experienced staff have in-depth knowledge of working with hard-to-reach adults and understand their need for extra support.

We have Adult Support Advisors who link with the adult before, during and after their training and provide one-to-one support around learning and employment support.

Our Training Support Officers walk along side the adults, helping them to manage their own learning journey, focusing on delivering hands on support to develop new skills and move them towards employment.

We will support the adult in an effective way to help with employment skills and returning to employment; finding the right training course or further educational opportunities; taking up a volunteering post or undergoing work placement.



Your support...your solutions

We provide learning and employment support opportunities that are relevant to adults and the local employment market, which can help them achieve their goals. Through our range of programmes, workshops and accredited courses we support adults to get employment, obtain a qualification, develop new skills or increase their confidence.

How we will help you...

- Provide help and support to get you back into work.
- Update your work related skills.
- Help you to gain qualifications.
- Offer information, advice and guidance to improve your job hunting skills.
- Access to ICT support and equipment to develop a CV, complete job applications and apply online.
- Support designed especially for you.
- Expert help to achieve your goals.

What we can offer you...

We provide adults with a series of workshops and training courses to help them to gain employment related qualifications and build their self-esteem and self-awareness.

- Increase your confidence and self-esteem.
- Employability workshops and support sessions.
- Improve your literacy and numeracy skills.
- ICT workshops to improve your computer skills.
- Building better skills to improve and manage your money.
- Obtain accredited skills to open pathways to more opportunities.

On all of the programmes, workshops and accredited courses, we provide you with one-to-one support around employment, motivation, self-esteem, positive living, and confidence building. We will regularly review your progress with one of our Adult Support Advisors to identify new areas of support or assistance, keeping you on track to achieve your goals.



Initiate...a new start

Initiate, gives adults a pathway to a range of new and exciting opportunities to achieve their full potential and enhance their employment and life opportunities.

Our commitment to you...

If you are looking for employment, the Initiate Programme has been devised to equip and support adults to develop new skills and establish new approaches to achieving their goals.

- Offer information, advice and guidance to improve job hunting skills.
- Assistance to develop a CV and complete job application forms.
- Update work related skills and qualifications.
- Interview techniques.
- Build confidence and self-awareness.
- Dealing with stress to aid positive living.
- ICT workshops to improve computer skills.
- One-to-one support to help adults achieve their goals.
- Building better skills to improve and manage money.

Does Initiate offer accredited courses?

Yes, from the list below including nationally accredited and recognised qualifications from NCFE and CIEH.

- Award in Emergency First Aid at Work.
- Award in Health & Safety in the Workplace.
- Award in Conflict Resolution & Personal Safety.
- Award in Fire Safety.
- Award in Food Safety.
- Award in Manual Handling.
- Award in IT Skills.

How long does it take?

The Initiate support programme is for a period of 6 hours a week for 5 weeks. Further periods of one-to-one support is available if required.

For further information about the Initiate Programme, contact Marie Duckworth on 01254 244716



Anne Muir...employment & learning

Anne is a single mum who joined the Initiate Programme to develop new skills and support around job searching, which would help her to get a job. Anne completed an ICT basic starter course and achieved a Level 2 in Adult Literacy and Numeracy. She's now working in retail and able to give a new quality of life to her family.

Initiate is a programme that supports adults to gain qualifications giving them the skills and confidence to get back into the workplace, take up volunteering or return to further education.

Anne explained what happened on the course, 'When I came to the first session and saw the white screen and found out that the training would involve using laptops, I felt physically ill. I went white! I thought I am not using those things and ran to the other side of the room. I was really worried when I went in that I wasn't going to be as clever as everybody else. I thought it was going to be like school, but it wasn't at all. I hated school.'

The team at **Resolve 180** coached me through the job application and interview process. They helped me to complete the application form, research the company before hand, and gave me some interview tips on remaining calm.

I love my new job; everybody is great,
because we all started at the same time.
I'm the joker, we're always having a laugh
and people who knew me before keep
telling me how I've come out of myself.
I have, I'm back to Anne again. I've got my
self-confidence and self-esteem back.





Acquire...new skills

Acquire, is a training programme, which allows adults to acquire new skills to improve and develop basic key skills needed in the employment market today. The programme aims to equip adults with literacy, numeracy and work skills, which are nationally recognised and will improve employment opportunities.

What's involved?

The Acquire support programme is for a period of 6 hours a week for 5 weeks. The programme has been devised in such a way, so that adults can select from a range of accredited training opportunities, which best improve their employability chances.

- Acquire new skills that open pathways to more opportunities.
- Information, advice and guidance on selecting the right accredited course to employment.
- Improving literacy & numeracy.
- Nationally recognised qualifications.
- Build confidence and self-awareness.
- Employment training linked to employer needs.

How will Acquire support you?

- A training programme that has been designed especially for you.
- One-to-one support to achieve your goals.
- The opportunity to obtain accredited qualifications that will increase your chances of employment.
- Support and advice towards further education and development.

For further information about the Acquire Programme, contact Marie Duckworth on 01254 244716



Michaela Sharples...selecting new learning opportunities

Michaela joined the Acquire programme to enhance her skills in Literacy and Numeracy so she could enrol at Blackburn College to achieve her Level 3 in Childcare. Michaela completed her basic ICT course and achieved her Level 1 in both Adult Literacy and Adult Numeracy. She has now enrolled at Blackburn College and is currently working towards a Level 3 in Health & Social Care with Childcare.

Acquire is a programme that supports adults to acquire new skills which opens pathways to more opportunities and improves their employability chances.

Michaela explained she was nervous about enrolling with Resolve 180 because she was unsure of what to expect and was worried about not being as clever as other people attending the courses. During her time on the programme she has met some good friends and thanked us for making her learning journey a most enjoyable one. She said the staff were very friendly, approachable and supported her whenever she required assistance.

I am so happy I went back into learning and completed my maths and english.

By gaining my qualifications it has given me more confidence to attend Blackburn College to achieve a higher qualification

and help me get a good job.



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